



Refreshing Retreats

Whidbey Island Mindful Yoga and Meditation Retreat
with Rebekkah LaDyne
November 4 - 6 2011

Registration Form- Registration Opens July 1st and closes October 1st

Name(s): _____ Date: _____

E-mail: _____

Phone - Day: _____ Eve: _____

Address: _____

City: _____ State: _____ Zip: _____

Emergency Contact Name: _____ Phone: _____

Is this your first Yoga Retreat? Yes No How did you find out about the retreat? _____

How much yoga experience do you have? _____ What styles? _____

How much mindfulness experience do you have? _____ What styles? _____

Lodging Options* (please circle your requests)

These prices are for registration before September 1st. If registering after September 1st add \$35 to your total.

Farmhouse	Beds	Single	Double
White Pine	1	Queen	\$600 \$555
Madrone	1	Double	\$590 \$545
Plum	1	Single	\$560
Apple	1	Single	\$560
Vine Maple	1	Single	\$560
Locust	2	Singles	\$545
Dogwood	2	Singles	\$545

Tenting			
Own Tent	10	Spaces	\$310

Rustic Cabins	Beds	Single	Double
Bagend	1	Double	\$485 \$425
Hermitage	2	Double	\$430 \$380
Herron	1	Single	\$430

Roommate : _____ Are you? Male Female

Payment

Reservations made upon receipt of deposit or full payment. Make checks payable to Mindful Yoga.

Your space will be reserved once we receive your deposit.

Cancellation refund given if your place is filled minus a \$40 fee.

Enclosed is my full payment of \$ _____. Enclosed is my deposit of \$250. Balance due by Oct 1st
Registration forms are collected twice each week, Tuesday and Thursdays. You will receive an e-mail upon receipt of a completed registration form and deposit.

Please Mail Registration Form and Check to:
581 Cascade Dr., Fairfax, CA 94930

Write with any Questions

www.EnjoyMindfulYoga.com